

# Tom's Family Market



20597 State Street  
 Market - (989) 733-8229  
 Pharmacy - (989) 733-4106  
 (Parish Member)



**Knights of Columbus**  
 #7688  
 St Paul—Onaway  
 Charity Unity Fraternity Patriotism  
 Catholic Men on a Mission!  
 989-733-6053

# Sally's Hairstyling

989-733-2382

20517 State Street  
 Walk-Ins Welcome if time allows

(Parish Member)



**MELISSA CHAGNON SAYERS**  
 Funeral Director  
 20742 State Street, Onaway, MI 49765  
 989-733-8545 • Fax: 989-733-6696 (Parish Member)

# BREWBAKER'S

HOUSING & R.V.

Since 1959

20935 Washington Ave. Phone: (989) 733-8535  
 Onaway, MI 49765 Toll Free: (888) 874-5723  
 www.brewbakers.com Fax: (989) 733-4014

To whom should I go and how exactly  
 can we share together the renewing  
 presence of the Spirit's gentle love  
 "resting" upon us?

Lord, hold our troops in  
 your loving hands.  
 Protect them.  
 Bless them and their  
 families. I ask this in the  
 name of Jesus, our Lord  
 and Savior.  
 Amen



# Manzana's Restaurant

989-733-5854 • M-33 Highway

Lunches & Dinners  
 Catering Available  
 Pizza, Sandwiches & More  
 Parish Member

# Ellenberger Lumber Company and Do-it Center

OPEN 8:00 a.m.—5:00 p.m. Mon.—Fri.  
 8:00 a.m.—12:00 p.m. Saturdays

(989) 733-8023

3479 Main Street (Parish Member) Onaway, MI

"Let nothing perturb you, nothing frighten you. All things pass. God does not change.

Patience achieves everything."

St. Teresa of Avila

# ST. PAUL CATHOLIC CHURCH ST. MONICA CATHOLIC CHURCH—AFTON

20811 Washington Avenue, Onaway, MI  
 Ph. 989-733-6053 / Fax. 989-733-2848 / Father 989-701-4077  
 parishoffice@stpaul-onaway.com Website: stpaul-onaway.com / facebook.com/stpaulonaway

January 10, 2021

Pastor : Rev. Patrick Maher

The Baptism of the Lord

## Sacraments

### Baptisms

Call the Parish Office to schedule.

### Marriage

Couples are invited to call the  
 Parish Office, minimally six  
 months in advance, to prepare for  
 and  
 schedule their marriage.

### Confirmation

Adults who have not been  
 confirmed are invited to call  
 the Parish Office to arrange for  
 classes.

### Adult Faith Formation

Anyone inquiring about the  
 Catholic Faith or simply wishing to  
 deepen their own understanding of  
 the Catholic Faith.

### Mass Schedule

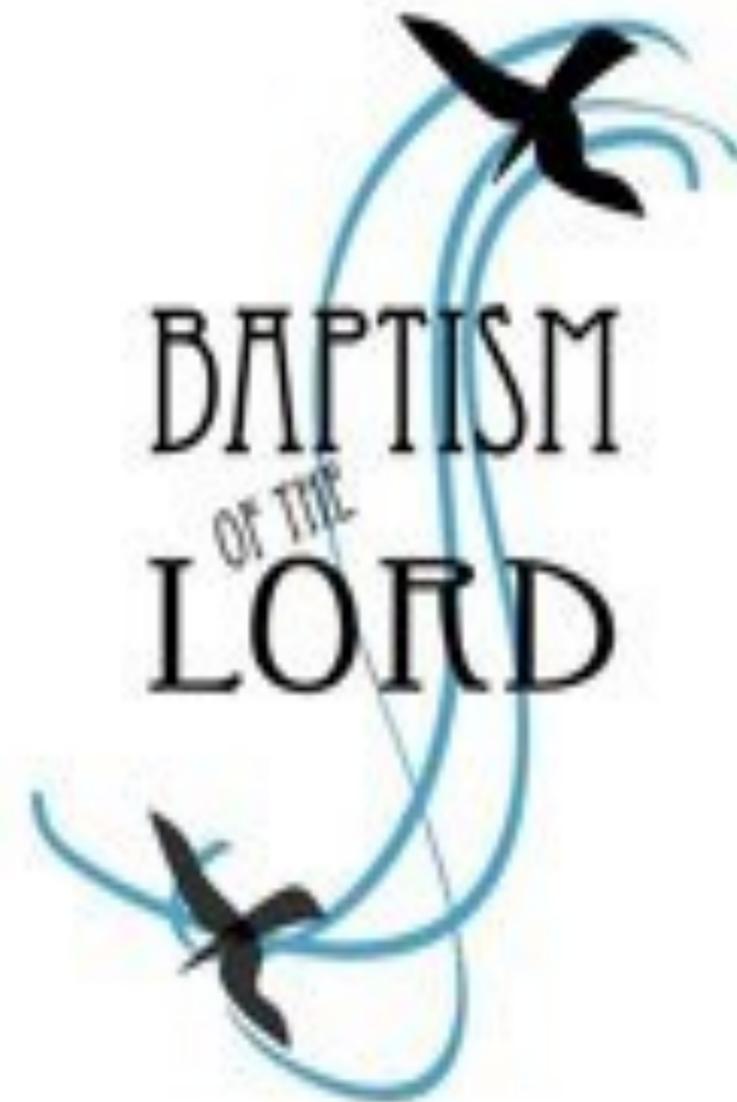
Tuesday: 4:30 p.m.  
 Wednesday, Thursday and Friday:  
 9:00 a.m.  
 Confessions—By appointment  
 Only  
 Saturday Mass 4:00 p.m.  
 Sunday Mass 10:00 a.m.

## The Office

Office Hours:  
 Tuesday, Wednesday & Thursday  
 9:00 a.m.— 2:00 p.m.  
 (989) 733-6053  
 stpaul-onaway.com  
 Fr. Patrick (989) 701-4077

### MISSION STATEMENT

We, the parishioners of St. Paul, Onaway, open to the guidance of the Holy Spirit, are dedicated to preserve, live and proclaim the Good News brought by Jesus. As a sacramental people, we are committed to welcome all into Christ's presence among us.



# From the Pastor's Desk

Dear Sisters and Brothers in Christ Jesus,

I was recently asked to publish my homily for Holy Family Sunday!!! Here it is:  
**The wicked die and disappear, but the family of the godly stands firm.** (Proverbs 12:7, NLT) **Children are a gift from the Lord; they are a reward from him. Children born to a young man are like arrows in a warrior's hands. How joyful is the man whose quiver is full of them! He will not be put to shame when he confronts his accusers at the city gates.** (Psalm 127:3-5, NLT)

The great Pastor, Reverend Chuck Swindoll famously taught: A FAMILY IS LIKE MANY THINGS, perhaps most like a garden. It needs time, attention, and cultivation. The sunshine of laughter and affirmation. It also needs the rains of difficulties, tense moments, and serious discussions about issues that matter. And there must be spadework, where hardness is broken loose and planting of fresh seeds is accomplished with lots of TLC. Someone recently passed on to me suggestions for fifteen rows worth planting:

Plant four rows of peas: preparedness, perseverance, promptness, and politeness.  
 Then three rows of squash: squash gossip, squash criticism, and squash indifference.  
 Along with five rows of lettuce: let us be faithful, let us be unselfish, let us be loyal, let us love one another, and let us be truthful.

And three rows of turnips: turn up with a smile, turn up with a new idea, and turn up with determination.

And then? Well, from then on, it's simple. Water, weed, tend with care, and patiently watch your garden grow. So many have looked back and realized it was worth all the years of all the work and effort and prayer. Like a lovely garden, it will be a thing of grateful pride, of seasonal beauty, of daily sustenance.

Or, as the psalmist exclaims, the family is like a well-tended vineyard:  
**How joyful are those who fear the LORD—all who follow his ways! You will enjoy the fruit of your labor. How joyful and prosperous you will be! Your wife will be like a fruitful grapevine, flourishing within your home. Your children will be like vigorous young olive trees as they sit around your table. That is the LORD's blessing for those who fear him.** PSALM 128:1-4

There are many, many things that I am thankful for, but my family is definitely at the top of my list of blessings. I am so grateful that God blessed me with hard-working, loving, helpful parents and grandparents, as well as siblings who are always there for me and would do anything for me. I also have the best aunts, uncles and cousins. Even though I do not see most of them often because of distance and how busy we all are, I know they support and love me. I am so appreciative for my amazing family. You are next in my Thanksgiving, My Parish Family!!! I give thanks to God every day for you!!! What blessings await you and your family this season as you offer thanksgiving to the Lord your God.

The results of a recent studies and others — both psychological and physiological — are fascinating. Here, five reasons why giving thanks is actually good for you.

**Counting blessings** boosts your health. Emmons' and McCullough's research showed that grateful people had less depression and stress, lower blood pressure, more energy, and greater optimism.

**Slow down the aging clock.** In older adults, Emmons and McCullough found, a daily practice of gratitude even slowed down some of the effects of neurodegeneration that often occurs as we age.

**Put the brakes on stress.** A study conducted at the Institute of HeartMath Research Center in California found that positive emotions like appreciation significantly lowered levels of cortisol, which is often called the "stress hormone".

**Being thankful helps you bond.** Research by U.S. psychologists Sara Algoe and Baldwin Way indicates that gratitude also can lead to better relationships. The explanation may be connected to increased production of oxytocin, sometimes called the "bonding hormone" because it fosters calm and security in relationships.

**Gratefulness = good for the heart and waistline?** According to research Emmons cites in his book *Gratitude Works!*, people with high blood pressure who actively express thankfulness "can achieve up to a 10 percent reduction in systolic blood pressure and decrease their dietary fat intake by up to 20 percent." What blessings and health await you and your family this season as you offer thanksgiving to the Lord your God.

1 Thess. 5:18: **In everything give thanks; for this is God's will for you in Christ Jesus.** Especially for Family!!!

And remember,

You are loved  
 Father Patrick

**Time to take down the Christmas Decorations  
 Monday, January 11, 2021 @ 4:00 p.m.  
 Anyone wishing to give a helping hand your assistance will be greatly appreciated. Thank you**

## MASS INTENTIONS

Tuesday, January 12th @ 4:30 p.m.  
 Deceased of our Parish

Wednesday, January 13th @ 9:00 a.m.  
 Increase to Vocation to Religious Life

Thursday, January 14th @ 9:00 a.m.  
 Protection of pre-born life

Friday, January 15th @ 9:00 a.m.  
 Persecuted Christians

Saturday, January 16th @ 4:00 p.m.  
 + Abel Canales  
 Req. Bill Ellenberger

Sunday, January 17th @ 10:00 a.m.  
 All Parishioners of St Paul and St Monica



Faith Formation: Class  
 January 17th & 24th and 31st

### Readings for Week of January 11th

Mon: Heb 1:1-6 / Mk 1:14-20  
 Tues: Heb 2:5-12 / Mk 1:21-28  
 Wed: Heb 2:14-18 / Mk 1:29-39  
 Thurs: Heb 3:7-14 / Mk 1:40-45  
 Fri: Heb 4:1-5, 11 / Mk 2:1-12  
 Sat: Heb 4:12-16 / Mk 2:13-17  
 Sun: 1 Sm 3:3b-10, 19 // Ps: 40:2, 4, 7-8, 8-9, 10 / 1 Cor 6:13c-15a, 17-20 / Jn 1:35-42

## WEEK AT A GLANCE

Tuesday, January 13th  
 AA 8 pm, Hall (Rm. 1)  
 Thursday, January 14th  
 10:00 Pastoral Council Meeting  
 Friday, January 15th  
 AA 8 pm, Hall (Rm. 1)

### No confession before Mass

Confessions will be heard only by appointment.  
 To schedule an appointment please call the Office 989-733-6053 or Father Patrick 989-701-4077.

### Catholic Service Appeal

Thank you to all our parishioners who have made their gift to the 2020 Catholic Services Appeal. St Paul is \$17,375.00 / 97% towards our goal of \$17,866.00 and St Monica is \$600.00 / 28% toward the goal of \$2,070.00. If you have not yet made a gift or pledge, it's not too late to help us meet and even exceed our target. Please participate in the support of our diocesan church.

### 2021 Offertory Envelopes

Can be picked up in vestibule.  
 Thank you

The Spirituality of the Evangelist: Virtual Retreat with St. Paul Street Evangelization's Adam Janke.

All are welcome for a Catholic Biblical School of Michigan (CBSM) sponsored virtual retreat on Saturday January 23 from 9 am to 3 pm, held on Zoom. *Retreat will include talks by Adam Janke, times of quiet away from the computer for reflections, opportunities for group discussion, and guided prayer. Cost \$10/household. Register by January 18<sup>th</sup> at cbsmich.org/retreat.*

## Bless you for your Stewardship

St. Paul: 01/03/2021

Reg. \$1,543.00 + Loose \$187.00 + Fuel \$90.00  
 = \$1,820.00

01/01/2021 Regular \$285.00

01/03/2021 Restoration \$285.00

St. Monica 01/03/2021

Regular \$90.00 + Loose \$0.00  
 = \$90.00

### Financial Position (as of 11/30/20)

	11/30/2020	11/30/2019
St. Paul YTD		
Income	55,412.07	65,599.64
Expenses	55,792.31	64,360.18
Net Income	-380.24	1,239.46
St. Monica YTD 2020		
Income	2,234.57	4,841.52
Expenses	1,795.35	5,810.84
Net Income	439.22	-969.32

Presque Isle County Right to Life Affiliate will be hosting the Fifth Annual Right to Life Remembrance Service on Sanctity of Life  
 Sunday, January 17, 2021.

We will hold two services this year, to encourage more attendance.

3 p.m. Mr. Mustache Toy Store in Rogers City

6 p.m. CTM Building in Onaway

There will be a free showing of the movie A Woman's Right to Choose...7 Reasons

Please encourage attendance to remember the Roe v Wade decision of 1973.

### Those in need of our prayers...

Carrie Badgero	Evelyn Canales	William Ellenberger	Jan & Ross Nave	Dick Manners	Greg Renard
Ann Bandish	Robert Carter Jr	Brianne Giddis	Jim Thimmes	Brittany Maynard	Bill Shin
Debbie Bandish	Donna Diller	Donna Giessinger	Starr Ittu	Dennis McGuire	Ruth Szymoniak
Dorothy Brama	Louise Dorton	Vicki Giessinger	Sharyl Leonard	Carolyn Mousseau	Brenda Turner
Jeannie Brewbaker	Elvin Eagleson	Vicki Goscinski	Butch Leonard	Patrick Mousseau	Bob Turney
Mike Butler	Ted Elick	Jim Hayes	Don Libby	Ann Osantowski	Richard Witulski
Sandra Bunk		Donna Harrison	Glenn Lunceford	Bev Rathbun	Dorothy Ziots